

# Infant and Early Childhood Mental Health Workforce Collaborative (IECHMH-WC)

## DC:0-5™ Overview Training



March 2022  
– June 2023



14 trainings



405 trained

The IECMH-WC provides free DC:0-5™ Overview Training to Washington State professionals whose role supports social-emotional well-being and the mental health system of care for children prenatal through age five and their families enrolled in Apple Health (Medicaid).

DC:0-5™ Overview Training (1.5 or 4 hours) provides an overview of the background, approach, and content areas of DC:0-5™ to support understanding of infant and early childhood mental health and the emotional and behavioral challenges very young children may experience, recognition of early signs of distress in young children, and comfort and confidence in making referrals to mental health services, when needed.

## Who is participating in DC:0-5™ Overview Training?

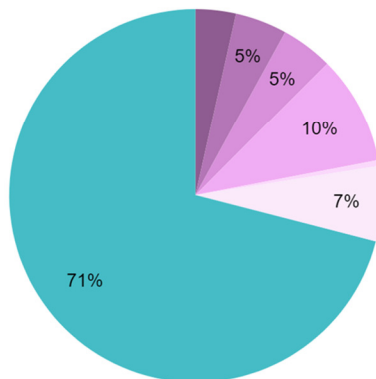
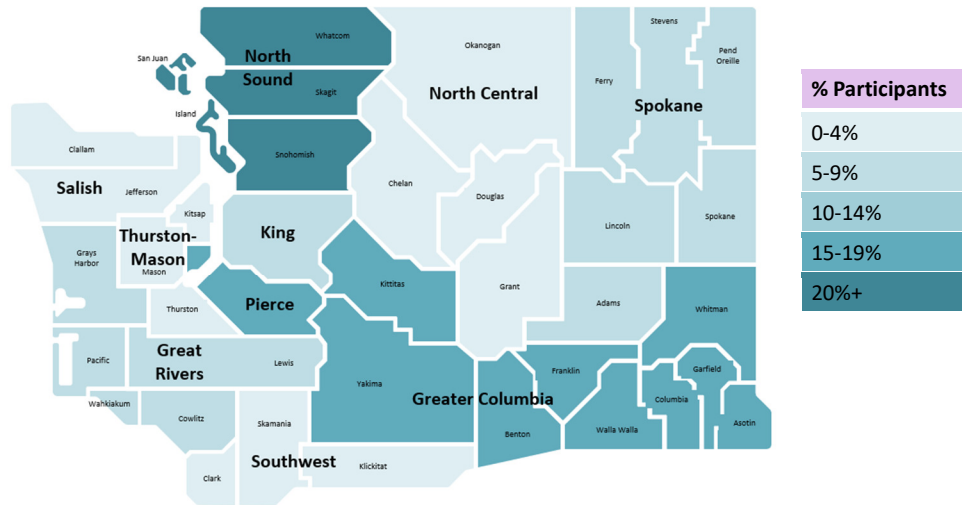
Most serve young children and families in:

- North Sound
- Greater Columbia
- Pierce County

\*14% serve in multiple regions

Most are professionals in

- developmental services (28%)
- behavioral health services (25%)
- primary/specialty care (17%)



- American Indian or Alaska Native (4%)
- Asian
- Black
- Hispanic, Latinx
- Native Hawaiian or Pacific Islander (1%)
- Prefer to self-describe
- White



16%

are multilingual