



REQUIREMENTS FOR ENDORSEMENT®

 <p style="font-size: small;">WASHINGTON ASSOCIATION FOR Infant Mental Health</p>	<h3 style="margin: 0;">INFANT MENTAL HEALTH MENTOR</h3>
<p>Categories</p>	<p>Infant Mental Health Mentor: Clinical, Policy and Research/Faculty are all available. Differences are noted where appropriate.</p>
<p>Education</p>	<p>Official transcripts from all degrees and from any college credits earned are required. Master of Arts (MA), Master of Science (MS), Master of Education (MEd), Doctor of Education (EdD), Master of Social Work (MSW), Master of Nursing (MSN), Doctor of Psychology (PsyD), Doctor of Philosophy (PhD), Medical Doctor (MD), Doctor of Osteopathy (DO), or other degree specific to one’s professional focus in infant mental health; university certificate program; and/or course work in areas such as infant development (prenatal up to 36 months), family-centered practice, cultural sensitivity, family relationships and dynamics, assessment, and intervention must be submitted in accordance with the <i>Competency Guidelines</i>®.</p>
<p>Specialized Training in Infant Mental Health (age 0-3)</p>	<p>Applicants will include as many hours of training and/or continuing education as necessary to document that competencies (as specified in <i>Competency Guidelines</i>®) have been met.</p> <p>For those whose degree is in a field that is unrelated to infancy, more specialized in-service training may be required to meet the breadth and depth of the competencies.</p> <p>Training content will include the promotion of social-emotional development and/or the relationship-based principles of infant and early childhood mental health.</p> <p>Minimum of 30 clock hours required.</p> <p>Typically, successful IMHM applications will include 75 or more hours of specialized training unless the applicant has completed coursework specific to the <i>Competency Guidelines</i>®.</p>
<p>Specialized Work Experience</p>	<p>Two years of postgraduate, supervised paid work experiences providing culturally sensitive, relationship-focused, infant mental health services. This specialized work experience must be with both the infant/toddler (birth to 36 months) and his/her biological, foster, or adoptive parent(s) or guardian(s) on behalf of the parent-infant relationship. Infant mental health services will include parent-infant/child relationship-based therapies and practices and early relationship assessment and can include concrete assistance, advocacy, emotional support, and developmental guidance.</p> <p><u>IMHM-CLINICAL:</u> Plus 3-years post-graduate experience providing IMH reflective supervision/consultation and other leadership activities at the local, regional and/or state level.</p> <p><u>IMHM-POLICY:</u> Plus 3-years post-graduate experience as a leader in policy and/or program administration related to the promotion of IMH principles and practices, in the context of family and other caregiving relationships, in and across systems and other leadership activities at the local, regional and/or state level.</p> <p><u>IMHM-RESEARCH/FACULTY:</u> Plus 3-years of post-graduate experience as a leader in university-level teaching and/or published research related to IMH principles and practices, in the context of family and other caregiving relationships, and other leadership activities at the local, regional and/or state level</p> <p>These therapies and practices are intended to explicitly address issues related to attachment, separation, trauma, and unresolved grief and loss as they affect the attachment relationship, development, behavior, and care of the infant/child. The unresolved losses, or “ghosts,” might be from adverse childhood experiences that occurred during the caregivers’ own early childhood or may be related to more current circumstances for the infant/child and family, such as a difficult labor and delivery. Strong feelings, such as grief and loss, could also be associated with diagnosis or manifestation of a chronic illness, delay, or disability.</p> <p>Professionals from a variety of disciplines, not only licensed mental health professionals, may earn Endorsement® if they have performed the work that meets these criteria. However, the applicant</p>

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	must have received the training necessary to provide this level of treatment/intervention AND must receive reflective supervision/consultation from an IMHS or IMHM-C about the treatment/intervention.
Reflective Supervision/Consultation	<p><u>IMHM-CLINICAL:</u> Minimum requirement of 50 clock hours received of relationship-focused, reflective supervision/consultation (RSC) within a minimum 12-month to maximum 24-month time-frame, post Master's, individually or in a group while providing RSC to infant-family professionals. A minimum of 25 of the hours received must be about the RSC the applicant provides to others.</p> <p><u>IMHM-POLICY or RESEARCH/FACULTY:</u> WA-AIMH <u>recommends</u> that all infant/young child professionals seek reflective supervision or consultation (RSC).</p>
 <p>WASHINGTON ASSOCIATION FOR Infant Mental Health</p>	INFANT MENTAL HEALTH MENTOR (continued)
<p>Professional References Ratings <i>Please note: At least one rating must come from endorsed IFS, IMHS, IMHM, or ECMHM.</i></p>	<p>Reference raters must be familiar with the applicant's capacity to implement infant mental health principles into practice. Total of three required:</p> <p><u>IMHM-CLINICAL</u></p> <ol style="list-style-type: none"> 1. One from a current program supervisor, teacher, trainer or consultant 2. One from a person providing reflective supervision/consultation (RSC) 3. One from person receiving RSC from the applicant <p><u>IMHM-POLICY</u></p> <ol style="list-style-type: none"> 1. One from current program supervisor 2. One from person providing reflective supervision/consultation, if applicable 3. If no one available from first two categories, candidate may ask three colleagues <p><u>IMHM- RESEARCH/FACULTY</u></p> <ol style="list-style-type: none"> 1. One from current department supervisor or chair if he/she is familiar with IMH. If not, applicant may ask a colleague 2. One from person providing reflective supervision/consultation, if applicable. If not applicable, applicant may ask a colleague 3. One from a student taught and/or supervised by the applicant
Code of Ethics and Endorsement Agreement	Signed
Demonstration of Competencies	<ol style="list-style-type: none"> 1. Application will demonstrate that competencies have been adequately met through course work, in-service training, reflective supervision/consultation and leadership experiences. 2. Successful completion of the IMH Endorsement® written examination, which includes a multiple choice and an essay portion.
Professional Membership	Membership in WA-AIMH or other infant mental health association.

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Endorsement Renewal Requirements	<p>Minimum of 15 clock hours per year of relationship-based education and training, pertaining to the promotion of social-emotional development in the context of family and other caregiving relationships, of prenatal up to 36 months old, including the principles and practices of infant mental health (eg, regional training, related course work at colleges or universities, infant mental health conference attendance, participation in competency-based activities such as professional reading group, community of practice, mentorship group).</p> <p><u>IMHM-CLINICAL:</u></p> <ul style="list-style-type: none"> • For those who earn IMHM-C Endorsement®, at least three of the hours of specialized training must be about reflective supervision/consultation. • Once an IMHM-C professional has earned and maintained IMHM-C for a minimum of 3-years they are required to receive a minimum of 10-hours of RSC annually; peer supervision or collaborative consultation (with those endorsed at the same category) will count toward the minimum annual renewal hours. <p>Annual renewal of membership in the Infant Mental Health Association (\$80/year).</p>
Endorsement Fees	<p>Total: \$505 <i>Includes: registration (\$25), processing (\$400), and membership (\$80/year)</i></p>